

# PSHE Lesson Plan –Autumn 1

Subject:		Day	Time
Sex			
Education			
Group	To name members of their family		
Objectives	To recognize themselves and describe what they look like		
	To name body parts		
	To recognise a boy/girl male/female		
	To name private body parts		
Organisation			
Date	Activity	Outcomes	
	Talking about our families with photographs- identifying brothers, sisters, grandparents etc. Symbol worksheet	To name family members and the relationship to themselves	
	What do you look like?	To name/draw personal attributes	
	Naming body parts through body songs, Me and My body book. Body poster-label	To know all body parts common to male and female	
	Introduce female body parts using dolls and video.. Cut out pictures of girls/women	Can point to 3 female private parts on anatomical doll	
	Recap female. Introduce male body parts using video and dolls. Cut out pictures of boys/men	Can point to/name/label 3 male private parts	
	Recap male and female body parts	Can point to and name./label 3 male and 3 female body parts	
	Changes in puberty- growing up Male and female. Growing up social story	Can identify changes in puberty in a male and a female	
	Puberty – kylie and Jason videos Growing up videos	As above	
Evaluation			