

Triangulation

The object here is to collect data on what we are trying to find out about from more than one method or source. One method may not pick up all that should be taken into account. By having more than one measure or perspective we get a fuller picture.

If we were to investigate a child's eating problems, and following up on the example of observing a child chew and swallow food, we might also:

- Look at school records of the times the child has vomited during or after eating at school and which foods were involved;
- Meet parent/carers to get their views and ask them to keep a record of vomiting/food types for a week.